

ROTARY CLUB OF PRESTON Inc.

CHARTER GRANTED 21-12-1960

PO Box 299, Preston, 3072

District Governor Elect: David McPherson

Meets Wednesday, 12.30pm

Darebin RSL Bell St, Preston

Assistant Governor: Pat Solibakke

BULLETIN

August 17, 2022, Vol. 63, No. 6



IMAGINE ROTARY

President Ruth McCall

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Club Website

rotary-prestonaust.com

Office Bearers

Vice President: PP Paul Smarrelli

Hon. Secretary: PP Geoff McIlvenna

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Treasurer: Frank Smith

Past President: Chris Shields

President Elect: Kannan Subramanian

Directors

Kannan Subramanian, Peter Gilbert, Julie Morris, Chris Shields,
Elaine Price, Max Walsh, Peter Peyton, Lisa Defazio,

Rotary Club of Preston 9790 COMMITTEES: 2022/23

<u>International</u> Director P. Peyton J Roose S Still E Boateng	<u>Youth</u> Director: E. Price Joe Morris P Conte N Schaber M Riel P Lamers	<u>Vocational</u> Director: C. Shields N Au T Weir C Finocchiaro	<u>Community</u> Director: Julie Morris D De La Coeur C Verrocchi N Pinder G Lyons E Higgins D Sullivan	<u>Club Administration</u> Director: K. Subramanian G. Mogford
<u>Foundation</u> Director: M. Walsh P Gilbert D De La Coeur I Musgrove K Argawal	<u>Membership & Classifications</u> Director Chair: P Gilbert P Smarrelli G McIlvenna Julie Morris	<u>Fundraising & Circus Quirkus</u> Chair: W O'Neill F Smith P Smarrelli G McIlvenna	<u>Environment</u> Director: L Defazio P Byrne G Mogford R McCall	<u>Cashiers</u> N Schaber P. Lamers & any club members as rostered to assist
<u>Bulletin</u> J McCarthy P Peyton P Gilbert	<u>Public Relations</u> R. McCall L. Defazio E Price E Higgins & any club members to assist	<u>Attendance</u> G Mogford G McIlvenna P Smarrelli	<u>Programs</u> Joe Morris	<u>House</u> Joe Morris P Lamers P.Peyton D De La Coeur
<u>Fellowship</u> Elaine Price Julie Morris P Byrne G. McIlvenna	<u>Family of Rotary and Club History</u> P Peyton P Gilbert G Smith G McIlvenna P Smarrelli	<u>World Conference</u> P Gilbert R McCall G McIlvenna E Higgins G Lyons	<u>Sergeants</u> D Sullivan D De La Coeur Julie Morris Peter Byrne Peter Gilbert	<u>Rotary Information</u> P Peyton P Gilbert G McIlvenna P Smarrelli
	<u>District Conference</u> G McIlvenna	<u>RIMERN</u> R McCall Julie Morris Joe Morris E Price L Defazio All members invited to assist in Volunteering		Secretary G McIlvenna Treasurer F Smith Special Projects P Smarrelli

We acknowledge that we are on the traditional land of
the Wurundjeri people of the Kulin Nation and
we pay our respects to their Elders past and present.

SPEAKER LAST WEEK

HUGH MCGINLAY generously gave of his time as stand-in speaker for the day. Hugh has an extensive and internationally degreed background in theological studies. After 50 years in the production of books and now In retirement, Hugh still gives 2 days a week as a publisher with Melbourne's Coventry Press.



Hugh's approach to his subject was somewhat alike a child's first day at school. Holding a book before his audience, he opened with – *"This is a book. It has got a text. It has got a cover. When you open a book it has a title page with the title, the author's name and the publisher's address . . . "* Hugh had his audience spellbound. He confessed to reading these introductions to his grandchildren, much to their annoyance.



Hugh took all through every line of the production of a book – from searching for writers, to monitoring presentation, to registering the ISBN record, to the day it hits the shops. He claims that everyone has a text inside them and, as a publisher, Hugh's task is to find that someone with a viable text and publish it. That is his task and, obviously, a most fulfilling one.

THE ROTARY FAMILY



Mel Riel 23/8



Gary Mogford 21/8/2002

Club member **Tim Weir** was the Interact Business Development Manager working out of High Street. Interact provides a range of community services to people with a disability, including Disability Employment Services. Tim has worked throughout Australia assisting management of large name stores as Coles and Kmart through to small businesses in the hiring of people with a disability to become valuable members of their teams/workplaces. Recently Tim was promoted to the position of Manager of Interact for the state of Victoria.
Congratulations Tim!



UPCOMING SCHEDULES

SPEAKERS:

August 17: Lydia Schurer – Senior Practice Lead
Chair Gary Mogford
August 24: D.G. David McPherson
Chair Peter Gilbert
August 31: Club Forum
Chair Elaine Price

DATE	WELCOMES	CASHIERS	SERGEANT	CHAIRPERSON
17th August	Peter Gilbert	Natalie Au Norbet Schaber	Paul Smarrelli	Gary Mogford
24th August	Peter Peyton	Carla Finocchiaro Gary Mogford	Norbet Schaber	Peter Gilbert
31st August	Max Walsh	Peter Byrne Natalie Au	Peter Peyton	Elaine Price

**If you can't make a duty
please swap with someone**

CLUB INFO

TREE PLANTING WITH DAREBIN REWILDING PROJECT: This will be in the Ray Brabham Gardens area, behind the Darebin Arts Centre (opp. the R.S.L.). The date is yet to be finalised with Lisa Defazio working on it – maybe the first Sunday or second Sunday in September, around 10am. Lisa writes: *“Thank you for last Sunday’s planting. It was great to see the Rotary members again and saving another area of remnant grass with improved biodiversity from all the new plants”.*

HOW TO THRIVE: Psychotherapist Marie McLeod is the voice behind this semi documentary “How to Thrive”. It was shown at the Westgarth Cinema as a fundraiser to aid the Merri Outreach Support Service (MOSS). This film will be on general release later this year.

Mark Goodie, MOSS CEO, noted that mental illness features alarmingly for those who are homeless, and MOSS as an organization is constantly looking for ways to garner support for those experiencing homelessness. Uncle Jack Charles, MOSS Ambassador, opened the



night and referenced the turn-around in his own life when he was assisted in being housed in permanent accommodation. Housing stability meant he found a way through drug addiction to finding meaning & purpose in a wonderful career in acting & Indigenous advocacy.

Rotarians and friends who attended on the night energetically stressed the value for anyone struggling with mental illness to see the film. Mental Illness does not respect job titles! The reported take home points made in the doco were:

- It's important to take action around our own mental health
Thriving is a learnable skill!
- Early intervention is key- as it gets harder to treat mental illness as it evolves
- THRIVING can be helped by caring for one's self:

Exercise is
important

Connect with
Nature

Connect with other
people

Focus on things which are good: life enhancing
We all have the ability to thrive in spite of struggle

Join us at the Spring into Spring Luncheon

Supporting Children First Foundation

When: 11:45am, Sunday, 21 August 2022

Where: Metropolitan Golf Club, Oakleigh

www.childrenfirstfoundation.org.au

DISTRICT CONFERENCE, DENILQUIN, MARCH 2023: Secretary Geoff has booked a motel in Deni and is now taking bookings for nights and numbers.

WORKING WITH CHILDREN REGISTRATIONS: Some members' cards have expired and have not been renewed. Sec. Geoff is in expectancy.

LOOKING FORWARD AS HISTORY EVOLVES:

Stephanie A. Urchick, of the Rotary Club of McMurray, Pennsylvania, USA, is the selection of the Nominating Committee for President of Rotary International for 2024-25.

This decision would make her only the second woman to hold that position.



ROTARY INTERNATIONAL CONVENTION

MELBOURNE

27-31 May, 2023

YOUR next opportunity to be an early bird and save:

- The deadline for the next early bird registration is only 126 days away. Book now for \$475.00, that's only \$3.70 , less than a cup of coffee.
- Deadline 15th December \$475 . So, be an early bird and save - register soon.

Register at: convention.rotary.org

Club Website address:

www.rotary-prestonaust.com

Info to Ruth McCall or Lisa Defazio.

The account details for the Rotary Club of Preston:

Bendigo Bank BSB 633 000, A/c 154 200 034

For member donations - the account details for

the Australian Rotary Foundation Trust

Bendigo Bank BSB 332 084, A/c 551 038 195