

ROTARY CLUB OF PRESTON Inc.

CHARTER GRANTED 21-12-1960
PO Box 299, Preston, 3072

District Governor Elect: David McPherson

Meets Wednesday, 12.30pm
Darebin RSL Bell St, Preston

Assistant Governor: Pat Solibakke

BULLETIN

July 22, 2022, Vol. 63, No. 2



**IMAGINE
ROTARY**

President Ruth McCall

mccall.ruth@gmail.com

0488 983 621

Club Website

rotary-prestonaust.com

Office Bearers

Vice President: PP Paul Smarrelli

Hon. Secretary: PP Geoff McIlvenna

0418 500 031

geoff.mcilvenna@bigpond.com

Treasurer: Frank Smith

Past President: Chris Shields

President Elect: Kannan Subramanian

Directors

Kannan Subramanian, Peter Gilbert, Julie Morris, Chris Shields,
Elaine Price, Max Walsh, Peter Peyton, Lisa Defazio,

Rotary Club of Preston 9790 COMMITTEES: 2022/23

<p><u>International</u></p> <p>Director Peyton</p> <p>J Roose S Still P Lamers E Boateng</p>	<p><u>Youth</u></p> <p>Director: E. Price</p> <p>Joe Morris P Conte N Schaber M Riel P Lamers</p>	<p><u>Vocational</u></p> <p>Director: C. Shields</p> <p>N Au T Weir C Finocchiaro</p>	<p><u>Community</u></p> <p>Director: Julie Morris</p> <p>D De La Coeur C Verrocchi N Pinder G Lyons E Higgins D Sullivan</p>	<p><u>Club Administration</u></p> <p>Director: K. Subramanian</p> <p>G. Mogford</p>
<p><u>Foundation</u></p> <p>Director: M. Walsh</p> <p>P Gilbert D De La Coeur I Musgrove K Argawal</p>	<p><u>Membership & Classifications</u></p> <p>Director Chair: P Gilbert</p> <p>P Smarrelli G Mclivenna Julie Morris</p>	<p><u>Fundraising & Circus Quirkus</u></p> <p>Chair: W O'Neill</p> <p>F Smith P Smarrelli G Mclivenna</p>	<p><u>Environment</u></p> <p>Director: Defazio</p> <p>P Byrne G Mogford R McCall</p>	<p><u>Cashiers</u></p> <p>N Schaber</p> <p>P. Lamers & any club members as rostered to assist</p>
<p><u>Bulletin</u></p> <p>J McCarthy P Peyton P Gilbert</p>	<p><u>Public Relations</u></p> <p>R. McCall L. Defazio E Price E Higgins & any club members to assist</p>	<p><u>Attendance</u></p> <p>G Mogford G Mclivenna P Smarrelli</p>	<p><u>Programs</u></p> <p>Joe Morris</p>	<p><u>House</u></p> <p>Joe Morris</p> <p>P Lamers P. Peyton D De La Coeur</p>
<p><u>Fellowship</u></p> <p>Elaine Price Julie Morris P Byrne G. Mclivenna</p>	<p><u>Family of Rotary and Club History</u></p> <p>P Peyton P Gilbert G Smith G Mclivenna P Smarrelli</p>	<p><u>World Conference</u></p> <p>P Gilbert R McCall G Mclivenna E Higgins G Lyons</p>	<p><u>Sergeants</u></p> <p>D Sullivan D De La Coeur Julie Morris Peter Byrne Peter Gilbert</p>	<p><u>Rotary Information</u></p> <p>P Peyton P Gilbert G Mclivenna P Smarrelli</p>
	<p><u>District Conference</u></p> <p>G Mclivenna</p>	<p><u>RIMERN</u></p> <p>R McCall Julie Morris Joe Morris E Price L Defazio All members invited to assist in Volunteering</p>		<p><u>Secretary</u> G Mclivenna <u>Treasurer</u> F Smith <u>Special Projects</u> P Smarrelli</p>

We acknowledge that we are on the traditional land of
the Wurundjeri people of the Kulin Nation and
we pay our respects to their Elders past and present.

SPEAKER LAST WEEK



Dr Margaret Ross is the chief principal investigator and clinical lead for Australia's first psilocybin-assisted psychotherapy study treating depression and anxiety in the terminally ill. Her study is a world first investigating psilocybin-assisted therapy for all palliative conditions. She is a Senior Clinical Psychologist and researcher at St. Vincent's Hospital in Melbourne.

Psilocybin is a naturally occurring psychedelic compound produced by more than 200 species of fungi (mushrooms).

Margaret 's study is very centred:

- + tackling despair and anguish that for some patients facing imminent death leaves them unable to connect with family, friends, memory, self
- + replacing other medications at times unsuccessful and
- + also replacing talking therapy.

In recent times, many psychedelic drugs have been trialed but most are necessarily repetitive and also require added counselling often with little success. For Margaret, the introduction of psilocybin, a mushroom product used by tribal groups over past centuries, has brought about great hopes. After just one dose, studies have shown death anxiety declined. The benefits were sustained for at least six months. The patients were no longer defined by their illness and were able to communicate freely with life outside themselves.

Margaret's research could be dangerous and all aspects of a clinical trial have to be deeply monitored. Clinical research is carried out overseas and the positives have enticed Margaret to study future trials in Australia.

THE ROTARY FAMILY

The reader of this brief notice will be left breathless. Vandana and Kannan Subramannian's recent mourning has increased.

The reader is informed that, on Wednesday July 6, Vandana lost her uncle. Two days later, July 8, her sister passed away after a short illness.

To both Vandana and Kannan all connected with the club continue offering their deepest empathy.

+++++

Claude Verrocchi 22/7/2015

Kannan Subramannian 23/7/2013



happy
birthday

Max Walsh 20/07

Paul Vanzella 23/07

VISITOR LAST WEEK was Sue Stevenson of VASS and Fund the Global Gardens of Peace. Members will recall the moving address Sue, wife of the late Gerard, gave to members present at the club on June 8th.

In her debut as **Club President, Ruth**

McCall had many thanks to voice – barbie volunteers, truck loaders and unloaders, Rimern aides, etc. One thanks that came from the floor was from Gerry Lyons to

those who helped in his recent house move. Daughter **Willow** who has attended a number of club dinners and having heard so much regarding *Pies* at those meetings was insistent that Gerry thank all the helpers with a hot pie each!



UPCOMING SCHEDULES

SPEAKERS:

- July 20: Bob Allardice: Retrieving Playgrounds for Transfer Overseas –
Chair Peter Peyton
- July 27: Matt Glover, Counselling Service for LGBTI young People –
Chair Chris Shields
- August 3: A.G. Pat Solibakke: Regionalization of Rotary Clubs –
Chair Ruth McCall
- August 10: Karin Williams, Bert Williams, Koori Youth Programme –
Chair Lisa Defazio

+*****+

Please arrange to swap with someone else if
you can't make a duty.

DATE	WELCOMES	CASHIERS	SERGEANT	CHAIRPERSON
20th July	Julie Morris	Natalie Au Peter Lamers	David Sullivan	Peter Peyton
27th July	Elaine Price	Max Walsh Peter Lamers	Paul Smarrelli	Chris Shields
3rd August	Peter Byrne	Gary Mogford Peter Gilbert	Max Walsh	Ruth McCall
10th August	Paul Smarrelli	Ian Musgrove Chris Shields	David De La Coeur	Lisa Defazio
17th August	Peter Gilbert	Natalie Au Norbet Schaber	Paul Smarrelli	Gary Mogford

CLUB INFO

BOARD MEETING JULY 20: Sec. Geoff has sent out a summary of the meeting. It is very extensive and deserves close study. Members are asked to take time out to read and update on the report's extensive information.

2022 Pathways to Employment Grants Announcement

Please join us for the 2022 Pathways to Employment Grants Announcement celebration:

- **Date:** Friday 26th August 2022
- **Time:** 4.00 - 6.30pm (formalities between 4.30pm-5.30pm)
- **Venue:** Music Market @ Collingwood Yards, Johnston St Collingwood This event celebrates the long-term partnership between Darebin City Council, Moreland City Council, Yarra City Council, IntoWork and the **Inner North Community Foundation** to support pathways for job seekers in the inner north.

ONE A WEEK FROM EACH MEMBER!

**Bring along dark chocolate, linguini, extra virgin olive oil . . .
It's for Christmas! Let it all add up !**

This multi-club Rotary project provides home essentials to people in need via our member Clubs and Welfare Agencies.

Please visit our RIMERN facebook page for more information & to follow us, or www.rimern.org.au for general information.



TO DONATE GOODS,
donatedgoods@rimern.org.au

TO VOLUNTEER,
volunteers@rimern.org.au
Phone 1300 924 123

Rotary 

RIMERN
Rotary Inner
Melbourne
Emergency
Relief Network

The Home of Residential Recycling

CIRCUS QUIRKUS: This year's Circus Quirkus will be in a smaller venue: **Thornbury Theatre: 859 High St Thornbury**. Wayne O'Neill is keen for Rotary Preston to be very visible (In HIGH VIZ Jackets!) - to fly the Rotary Flag so to speak! Mark it down.

There will be 6 LIVE shows:

Sunday 14th Aug - 11 am, 1.30 and 4.30pm

Monday 15 Aug- 10:30 am, 1 and 5.30pm.

Club Website address:

www.rotary-prestonaust.com
Info to Ruth McCall or Lisa Defazio.

The account details for the Rotary Club of Preston:

Bendigo Bank BSB 633 000, A/c 154 200 034

**For member donations - the account details for
the Australian Rotary Foundation Trust**

Bendigo Bank BSB 332 084, A/c 551 038 195