ROTARY CLUB OF PRESTON Inc.

CHARTER GRANTED 21-12-1960
PO Box 299, Preston, 3072

Meets Wednesday, 12.30pm
Darebin RSL Bell St, Preston

District Governor Elect: David McPherson

Assistant Governor: Pat Solibakke

BULLETIN

October 12, 2022, Vol. 63, No. 14

IMAGINE ROTARY

President Ruth McCall

mccall.ruth@gmail.com
0488 983 621

Club Website
rotary-prestonaust.com

Office Bearers

Vice President: PP Paul Smarrelli
Hon. Secretary: PP Geoff McIlvenna
0418 500 031
geoff.mcilvenna@bigpond.com

Treasurer: Frank Smith
Past President: Chris Shields
President Elect: Kannan Subramanian

Directors

Kannan Subramanian, Peter Gilbert, Julie Morris, Chris Shields,
Elaine Price, Max Walsh, Peter Peyton, Lisa Defazio,

Rotary Club of Preston 9790 COMMITTEES: 2022/23

International **Director** **P. Peyton** J Roose S Still E Boateng	**Youth** **Director:** **E. Price** Joe Morris P Conte N Schaber M Riel P Lamers	**Vocational** **Director:** **C. Shields** N Au T Weir C Finocchiaro	**Community** **Director:** **Julie Morris** D De La Coeur C Verrocchi N Pinder G Lyons E Higgins D Sullivan	**Club Administration** **Director:** **K. Subramanian** G. Mogford
Foundation **Director:** **M. Walsh** P Gilbert D De La Coeur I Musgrove K Argawal	**Membership & Classifications** **Director** **Chair: P Gilbert** P Smarrelli G McIivenna Julie Morris	**Fundraising & Circus Quirkus** **Chair: W O'Neill** F Smith P Smarrelli G McIIlvenna	**Environment** **Director:** **L Defazio** P Byrne G Mogford R McCall	**Cashiers** **N Schaber** P. Lamers & any club members as rostered to assist
Bulletin **J McCarthy** P Peyton P Gilbert	**Public Relations** **R. McCall** L. Defazio E Price E Higgins & any club members to assist	**Attendance** **G Mogford** G McIlvenna P Smarrelli	**Programs** **Joe Morris**	**House** **Joe Morris** P Lamers P.Peyton D De La Coeur
Fellowship **Elaine Price** Julie Morris P Byrne G. McIlvenna	**Family of Rotary and Club History** **P Peyton** P Gilbert G Smith G McIlvenna P Smarrelli	**World Conference** **P Gilbert** R McCall G McIlvenna E Higgins G Lyons	**Sergeants** **D Sullivan** D De La Coeur Julie Morris Peter Byrne Peter Gilbert	**Rotary Information** **P Peyton** P Gilbert G McIlvenna P Smarrelli
	District Conference **G McIlvenna**	**RIMERN** **R McCall** Julie Morris Joe Morris E Price L Defazio All members invited to assist in Volunteering		**Secretary** G McIlvenna **Treasurer** F Smith **Special Projects** P Smarrelli

We acknowledge that we are on the traditional land of the Wurundjeri people of the Kulin Nation and we pay our respects to their Elders past and present.

SPEAKER LAST WEEK

We crest and we fall, we crest and we fall, and we crest again

Riding the wave of ATHD

Autism Spectrum Disorder (**ASD**): October being Mental Health Month, **President Ruth McCall** stepped in as Speaker. As her son Lachlan has Autism and Asperger Syndrome, Ruth based her talk on ASD. Lachlan was thrilled that Ruth was keen to inform the public of the true meaning of mental health while using his life experiences.



Autism is a complex condition, often times not diagnosed and said to effect one in thirty persons. On the spectrum are ADHD (Attention Deficit Hyperactive Disorder) and ADD (Attention Deficit Disorder). To the outsider they can be judged as *"a naughty child"* or parents can be seen as having lack of control/discipline for their child. Components of both can include:

High inattention **Hyperactivity** **Impulsivity**

High attention in their own interests (Beethoven, Mozart, Sartre)

In the young, it can cause anxiety, mood disorders, light self-esteem, sleep disorders. In adult lives, it can lead to alcohol and substance abuse and eating disorders.

The Asperger disorder also on the Spectrum does not impact cognitive ability but can affect the individual's understanding of social cues. People with Asperger's often excel in fields like mathematics, computer science, linguistics, and music, and have average or above-average IQ,

To the benefit of the audience and as an illustration of the above Ruth took her listeners through the steps of Lachlan's life so far. Lachlan has gained university degrees and now works as an economic advisor. It was generous of Lachlan to give Ruth that freedom while hard on her to voice those steps. This was a most valuable talk for all present because of its live background. Statements after her talk brought forward its close presence.

THE ROTARY FAMILY



Gerry Lyons 18/10/17

Pauline Josephson 13/10

Lisa Defazio 15/10



Peter and Ruth McCall 14/10

Jane and Tim Weir 15/10



UPCOMING SCHEDULES

SPEAKERS:

Oct 12: Lift the Lid on Mental Illness - Hat Day with Silent Auction and Games – Probus visitors
Oct 19: **Karin Williams, Bert Williams** – Koorie Youth Programme
Oct 26: Melb Cup Sweep; Speaker **Norm Pinder** – Raising Race Horses
Nov 2: **Paul Lloyd** – Project LEMUR

CLUB INFO

RIMERN: Rotary Inner Melbourne Emergency Relief Network is running in full demand and service. Pres. Ruth and Joe Morris are on the management committee which meets via zoom every month. Elaine Price, Lisa Defazio and Julie Morris attended the Brunswick warehouse last week to guide the many visitors requiring furniture etc. RIMERN now has a truck and the supplies to the needy are moving quickly. Any member able to give a few hours please contact one of the above-named for more info.

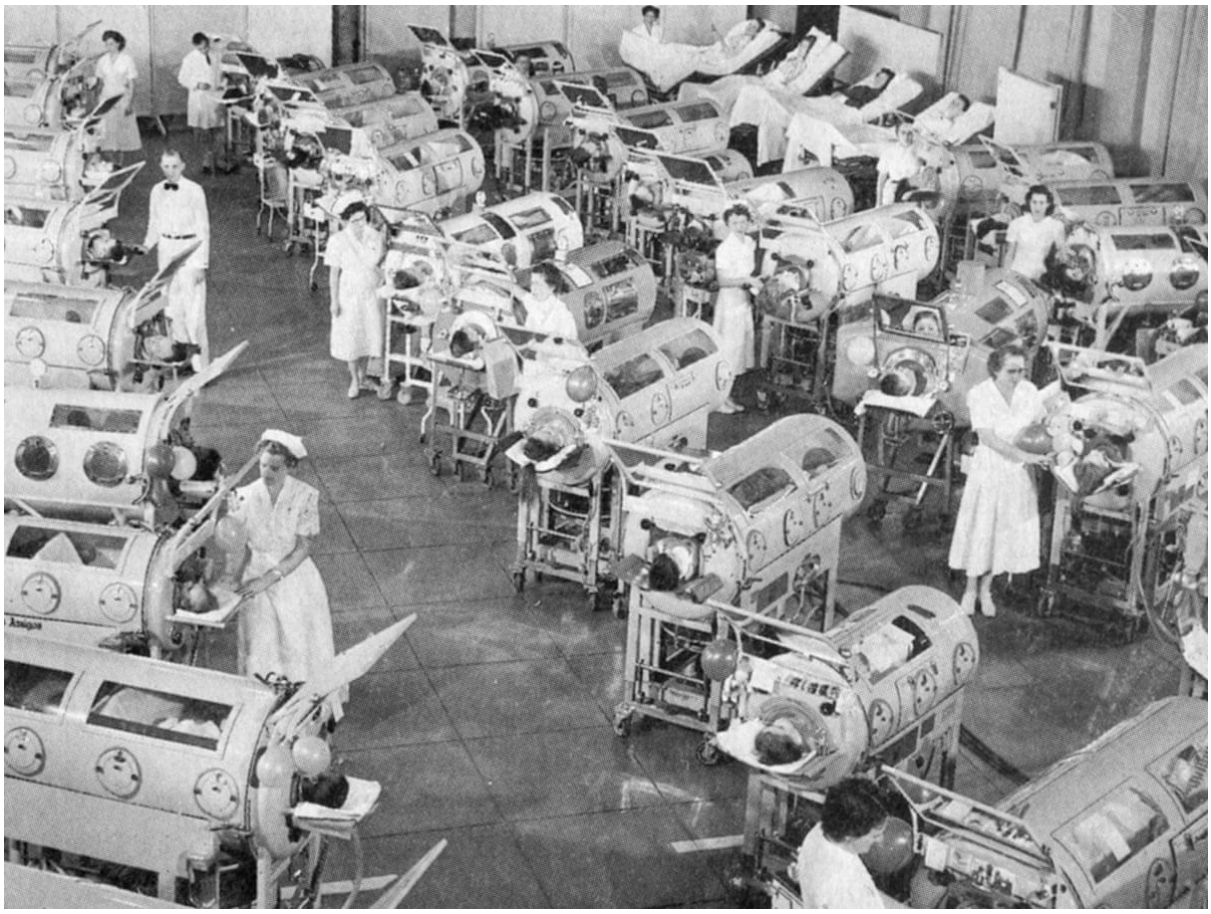
END POLIO NOW: With World Polio Day on 24 October, an evening at Sunbury with Jessie Harman. She will focus on how Rotarians can work in the programme END POLIO NOW. Sunbury Hume Global Learning Centre - 44 Macedon Street, Sunbury. 6.30pm, November 25. Canapes and wine will be served on the evening. Price: $25 per person to cover costs, any profits to Rotary Foundation.

Rotary International President Jennifer Jones has reinforced Rotary's commitment to eradicating polio with the news of an additional **US$150 million** pledge toward that end.



Rotary members have been at the centre of the worldwide effort to eradicate polio for more than three decades. Rotary launched PolioPlus in 1985 and helped when there were an estimated **350,000** polio cases

across more than 125 countries in one year. Since then, cases have plummeted more than 99.9%, sparing more than 20 million people from paralysis. Rotary has helped immunize nearly 3 billion children against polio. It has contributed more than US$2.6 billion to global polio eradication efforts and it has helped secure more than US$10 billion from donor governments.



NEXT BARBIE at Bunnings, Saturday, 12th November.

NEXT FOODBANK UNLOAD R.N.HOUSE will be Tuesday, 18th October.

HEIDELBERG ROTARY CLUB is holding a **Keith Potger** night, Thursday, November 3, Red Olive Restaurant, 191 Burgundy St. Heidelberg. Show starts 6.30pm. Contact Peter Gilbert.

CHILDREN FIRST FOUNDATION GALA BALL has been postponed due to many factors. It will be held in April 2023.

INTERPLAST SHARED IMPACT DINNER has been cancelled.

PATHWAYS TO EMPLOYMENT – GRANTS PROGRAMME: Circulated at last week's meeting was a booklet listing some of the initiatives supported by Inner North Community Foundation. Preston Rotary has a financial role in INCF and the grants this year by INCF are fresh and dynamic. Examples include:

- **SisterWorks INC.** - supporting women who are refugees, migrants or asylum seekers, in their search for and during employment
- **Vacro.** - The Victorian Association for the Care and Resettlement of Offenders
- **For Change Co.** – young people themselves breaking homeless cycles

DISTRICT CONFERENCE AT DENILIQUIN - MARCH 17-19, 2023

ROTARY INTERNATIONAL CONVENTION – MELBOURNE 27-31 MAY, 2023

CLub Website address: www.rotary-prestonaust.com
Info to Ruth McCall or Lisa Defazio.

The account details for the Rotary Club of Preston:
Bendigo Bank BSB 633 000, A/c 154 200 034

For member donations - Australian Rotary Foundation Trust
Bendigo Bank BSB 332 084, A/c 551 038 195

LIFT THE LID ON MENTAL HEALTH – NEXT WEDNESDAY

BRING ALONG PLENTY OF PAPER MONEY!